



SAINT MARK'S CHURCH

An Antiochian Orthodox Parish in the Western Rite Tradition

Established 1875 ❀ 1405 South Vine Street ❀ Denver, Colorado 80210

WesternOrthodox.com ❀ 303-722-0707 ❀ jcc@westernorthodox.com

THE VERY REVEREND FATHER JOHN CHARLES CONNELLY, RECTOR

THE VERY REVEREND FATHER DONALD DAVID LLOYD, D.D., RECTOR EMERITUS

Quadragesima 2008

The first Mass begins at 8:00 AM today. Visitors are welcome to join us for social hour, and attend Church School at 9:10. At 9:45 we will offer Anglican Chant Matins. Please pick up our new Matins/Mass booklet on the back table of the sanctuary. The Solemn Mass begins at 10:00 o'clock. All are invited to join us in the Parish Hall for refreshments after each of the Liturgies.

Please, pick up a copy of our March *Lion* newsletter and a copy of the quarterly *Credo* in the narthex, today. We have extra copies for our visitors.

March is Antiochian Women's Month where we recognize the faithful service of the women of the Parish. Our Churchwomen have done an excellent job serving God by their charitable works both in the Church and in the wider community. Thanks to Lisa, Mary, Penny, Carol and others for helping with greeting the faithful and taking up the alms collection today.

There will be a *St. Patrick's Day fund-raiser Luncheon* today. Thanks to Carol, Debbie, Jane, Karen, and Lisa for hosting this Churchwomen's event. The ladies will serve Corn Beef & Cabbage and an Irish Stew along with other tasty side dishes and desserts. Thanks to the hostess and the following Churchwomen who signed up to bring a special dish: Ann, Matushka Deborah, Dianna, Matushka Elizabeth, Gretchen, Kathryn, Kristen, Laurie, Mary, Natalie, Stephanie, Tamara, Tanya, Tracy, and others. The cost of the meal is Adults \$7, Teens \$4, Children \$2, and Tots \$1.50. There are two size plates; one for Adults/Teens and one for Children/Tots. Please, make your checks payable to the St. Mark's Churchwomen. Let us try to move through the "food line" quickly so that everyone can be served a "hot" lunch. We will let you know when you can come back for seconds!

The Sanctuary Candle is given in loving memory of my Uncle Victor George by Fr. John and Mat. Deborah. Fr. John attended his funeral in Altamont, Kansas, yesterday.

The St. Tikhon Candle is given for the safe return of my Son-in-law Jamie from Iraq.

The *St. Mark's Churchwomen* have scheduled several events and service projects in the next few months. There are Sign Up sheets posted on the bulletin board in the parish hall for those ladies who would like to help. The Antiochian Churchwomen's service project for March is the Clergy Retirement Fund. Mrs. Tamara McCrossen will speak during the 10 o'clock announcements about this important project. Envelopes will be provided by the ladies.

Thanks to Laurie, Tamara, and Karen for volunteering to work on the Churchwomen's scrapbook. If you have photos or a folder from when Kit Brown was chairing the committee, please turn them in to one of these new volunteers.

The Churchwomen would like to host a Pot-luck luncheon on Easter Day, April 27th at 11:45. Do we have a few volunteers to organize this Church Family Event?

Thanks to Bebe Greenlee or Kristine Woolley for baking the bread of hospitality and to Natasha for nursery duties.

Thanks to Matushka Deborah for providing the 9 o'clock social hour refreshments today. If you have an upcoming birthday or an anniversary in March, please sign up in the parish hall to bring refreshments on one of the Sundays during the month. We have openings for the 9 o'clock social hour on March 23rd and March 30th.

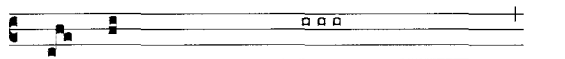
The brand new OLD and NEW TESTAMENT ORTHODOX STUDY BIBLE published by Conciliar Press is on sale for the Introductory price of \$46.00 from the St. Mark's Bookstore. A new shipment of Russian Icons and a few of our most requested Icons are available, too.

We also have another new book for sale from L. A. Press called *The Heresy of Formlessness* by Martin Mosebach. He gives a compelling argument against the "Novus Ordo" Mass and a return to the pre conciliar Latin Rite Mass. The book is priced attractively at \$15.

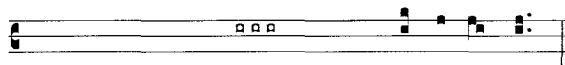
16 March 2008

THE FIRST SUNDAY IN LENT THE INTROIT.

Invocabit me. Psalm xci. 15-16. Tone VII.



∇ *He shall call upon me and I will hear him:*



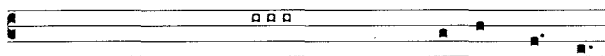
∇ *I will deliver him and bring • him to ho-nour:*



℞ with long life will I • sat-is-fy him.

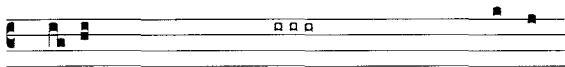
§ *Psalm. ibid. 1.*

∇ *Whoso dwelleth ... the defence of the Most High:*

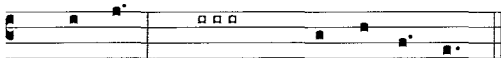


℞ shall abide under the shadow of • the Al-migh-ty.

∇ *Glory be to the Father ... Son ... the Holy Ghost:*



℞ As it was in the beginning is now and • ev-er



℞ shall be, world with • out end A-men.

Cantor and Choir repeat from top to §.

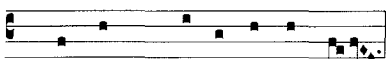
COLLECT OF THE DAY

O LORD, who for our sake didst fast forty days and forty nights; Give us grace to use such abstinence, that, our flesh being subdued to the Spirit we may ever obey thy godly motions in righteousness, and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

THE LESSON: *II Corinthians vi. 1-10. BCP p. 126*

THE GRADUAL. *Psalm xci. 11-12. Tone V.*

∇ *He shall give his Angels charge over thee:*



℞ to keep • thee in all thy ways.

∇ *They shall bear thee in their hands:*



℞ that thou hurt not thy • foot a-against a stone.

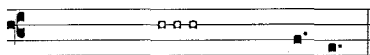
THE TRACT. *Psalm xci. 1-7, 11-16. Tone VIII.*

∇ *Whoso dwelleth ... shadow of the Almighty.*



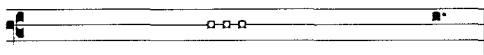
℞ I will say unto the Lord:

Thou art my hope, and my • strong-hold:

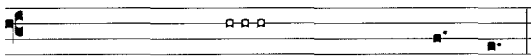


℞ my God, in him will • I trust.

∇ *For he shall deliver thee ... noisome pestilence.*

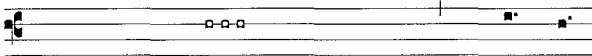


℞ He shall defend thee under his • wings,



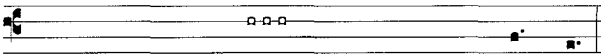
℞ and thou shalt be safe under his • fea-thers.

∇ *His faithfulness and ... any terror by night.*



℞ Nor for the arrow that flieth by day;

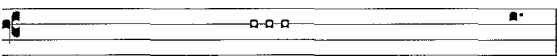
for the pestilence that walketh in • dark-ness:



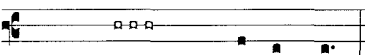
℞ nor for the sickness that destroyeth

in the • noon-day.

∇ *A thousand shall fall ... not come nigh thee.*

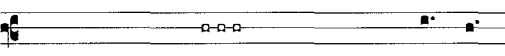


℞ For he shall give his angels charge over • thee:

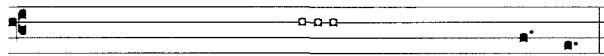


℞ to keep thee in • all thy ways.

∇ *They shall bear thee ... foot against a stone.*

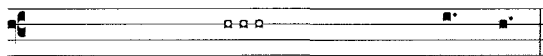


℞ Thou shalt go upon the lion and • ad-der:

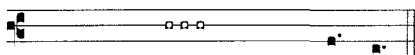


℞ the young lion and the dragon
shalt thou tread under • thy feet.

∇ *Because he hath set his love ... known my Name.*

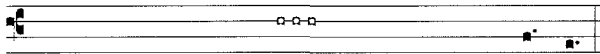


℞ He shall call upon me, and I will • hear him:



℞ yea, I am with him in • trou-ble.

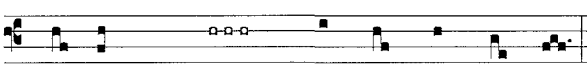
∇ *I will deliver him, and bring him to honour:*



℞ with long life will I satisfy him:
and shew him my sal•va-tion.

THE OFFERTORY *Psalm xci. 4-5. Tone II*

∇ *The Lord shall defend ... under his feathers:*



℞ his faith-fulness and
truth shall be • thy shield and buck-ler.

THE COMMUNION. *Psalm xci. 4-5. Tone I.*

∇ *The Lord shall defend ... under his feathers:*



℞ his faith-fulness and
truth shall be *thy shield and buck-ler.*

ORDER OF SERVICE

The Litany	Harris Mass
The Introit	
The Summary of the Law	<i>BCP. 69</i>
Kyrie eleison:	Harris Mass
Collect of the Day	
The Lesson	<i>BCP p. 126</i>
The Gradual and Tract	
The Holy Gospel	
Nicene Creed:	<i>St. A - 370</i>
Blessings, Notices, Sermon	
The Offertory	
Offertory:	<i>"TBA" - Stuart</i>
Doxology:	<i>1940 - 277</i>
The Secret	
Prayer for the Church	<i>BCP. 74</i>
The Invitation, Confession,	
Absolution.	<i>BCP. 75</i>
The Preface	<i>BCP. 76</i>
Sanctus / Benedictus:	Harris Mass
Canon,	<i>BCP. 80-81.</i>
Our Father:	<i>1940 - 722</i>
Agnus Dei:	Harris Mass
Prayer of Humble Access	<i>BCP. 82</i>
The Communion	
Communion Hymns:	<i>St. A - 82, 151, 153</i>
Post Communion Prayers	
Thanksgiving Collect	<i>BCP. 83</i>
Dismissal & Blessing	
Closing Hymn:	<i>St. A - 80</i>

THE HOLY GOSPEL: *St. Matthew iv. 1-11.*

At that time: Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil. And when he had fasted forty days and forty nights, he was afterward an-hungred. And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread. But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God. Then the devil taketh him up into the holy city, and setteth him on a pinnacle of the temple, and saith unto him, If thou be the Son of God, cast thyself down: for it is written, He shall give his angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone. Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God. Again, the devil taketh him up into an exceeding high mountain, and showeth him all the kingdoms of the world, and the glory of them; and saith unto him, All these things will I give thee, if thou wilt fall down and worship me. Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve. Then the devil leaveth him, and, behold, angels came and ministered unto him. Creed chanted.

The *SOYO Teens* are planning several wholesome activities in the next few months. They would like to offer a Mothers' Day Out, a Sunday Fund-raiser Luncheon, and several worthy service projects are in the works. See Sarah or Emily for more information.

The Wednesday Evening Class will meet this week at 6:30 PM. They will continue with Chapter 4 of *The Orthodox Way* by Bishop Ware.

The Saturday morning book study will resume this week with a new book *Greek East and the Latin West* by Rev'd Dr. Andrew Louth at 10 a.m.

Thanks to the members of the Choir and the Guild of St. Vincent who helped with the Ash Wednesday Evening service last week.

The Altar Guild has begun taking donations for Easter Flowers for memorials and thanksgiving. (Envelopes are in the Church pews) Easter Candles for the sanctuary windows are available, too. (Please sign-up for Window candles, Altar candles, and the Pascha candle in the parish hall.)

During Lent, we invite all to participate in the Stations of the Cross at 7 PM every Friday. This is a wonderful devotion to *Our Lord's Passion*. The Lenten suppers are provided by the faithful at 6 PM. Those who would like to host one of the Friday suppers will need to provide a Vegetarian meal (for example, soup and salad) for about 18 people. A sign up sheet has been posted in the parish hall. If you plan to come, please let us know. Thanks to Lisa Taylor for providing the delicious meal last Friday evening.

This Lent, area parishes will be hosting Vespers services for the greater Orthodox Christian community. The schedule for the Pan-Orthodox Vespers will start this evening with "Sunday of Orthodoxy" at the Assumption Greek Orthodox Cathedral at 5 PM followed by a lovely Reception. Their address is 4610 E. Alameda Avenue, Denver. (303-388-9314)

The next Pan-Orthodox Vespers will be at Transfiguration Cathedral on 3/23, St. Catherine's Church on 3/30, Sts. Peter & Paul Church on 4/6, and at St. Herman's Church on 4/13.

There will be a Benedictine (Oblates) retreat at St. Columba's Church on Saturday, March 29th at 10 am.

The Assumption Greek Cathedral has invited the Churchwomen officers of St. Mark's Church along with women from other Orthodox parishes to promote Orthodox-Unity. (Pie and coffee will be served) If you have any questions, please see Carol McCabe and or Debbie St. Clair.

There will be a Men's Lenten Retreat "The Life & Teachings of St. John of Kronstadt" with His Grace, Bishop Basil in Victoria, KS on April 4-6. So far, five men from our parish plan to attend!

The same week-end there will be a Lenten Retreat with Fr. Chad Hatfield, Dean of St. Vladimir Seminary here in the Metro-Denver area. If you want to learn more about the retreat, please see flyers in the parish hall.

The next Churchwomen's meeting will be on Sunday, April 13th at 11:45 am.

The St. Mark's Churchwomen are planning a Women's Lenten Retreat on "*Holy Icons*" presented by Mary Gay Coit on Saturday, April 19th at 1 pm. Thanks to Matushka Elizabeth, Laurie, Lisa, and Penny for hosting the retreat. The hostess will provide sandwiches and snacks for the faithful.

The Lenten Food Drive and the Lenten Mite box program will begin today.

Lent is a time to practice fasting, prayer, and alms-giving. It is the most concentrated time of the year to draw closer to the One Holy Undivided Trinity. See Father John if you need help with this Lenten Orthodox discipline. The Sacrament of Confessions will be offered after Saturday Evensong or by appointment.

The Antiochian Parish Life Conference will be held at the Hilton Dallas Hotel and sponsored by Sts. Constantine and Helen Church on June 18 - 22. Please, look for your packets in the mail or go to www.dowamaplc.org web-site for more information. We have a Conference Schedule posted in our Parish hall as well as a Sign up sheet for those who would like to attend. We have scholarships available to cover the conference registration fees. See Carol McCabe for more information.

Since Fr. John had to travel to Kansas for his dear Uncle's funeral on Friday, this Sunday bulletin was typed and printed on Thursday evening. Sorry for any inconvenience.

MONDAY, TUESDAY, MATINS 9:30 AM, MASS 10:00 AM
WEDNESDAY : MATINS 7 AM, MASS 7:30 AM, MASS 12 NOON,
EVENSONG 5 PM, THEOLOGY 6:30 PM
THURSDAY: MATINS 7AM, MASS 7:30AM, EVENSONG 5PM
FRIDAY : MATINS 7 AM, MASS 7:30 AM, EVENSONG 5 PM,
LENTEN SUPPER 6PM, STATIONS 7 PM
SATURDAY : MATINS ROSARY 8 AM, MATINS 8:30 AM, LATIN
MASS 9:00 AM, AND OUR NEW BOOK STUDY, *GREEK EAST AND
LATIN WEST* AT 10 AM. CONFESSIONS 3-5 PM, EVENSONG
5 PM